

## **As Unemployment Rates Soar, Resumes Pile Up**

**WASHINGTON - Jan. 22** -- With unemployment rates soaring through the roof and a talent pool now on the offensive, job seekers at every level are being forced to find new ways to show off their professional experiences and unique personalities.

"The playing field is far from leveled," says Carolyn Thompson, President of CMCS in McLean, VA, author of the newly released *Ten Easy Steps to a Perfect Resume*, "We have young talent up against seasoned veterans, and in this type of environment, every point of contact with potential employers becomes critical, starting with the presentation of your resume."

Speaking regularly in the Washington-Metro area, educating scores of talented individuals looking to secure a job in this economy, Thompson's expertise on resume building, interview preparation and career development are in high demand. In her latest book, *Ten Easy Steps to a Perfect Resume*, Carolyn Thompson has focused twenty years of industry experience into explaining the quintessential step in any job search: the first impression, the resume.

As a member of the International Coaching Federation and Pinnacle Society of Recruiters, Thompson plays an active role in helping ease the strain of a shrinking market on our nation's unemployed. "As a recruiter you have a limited reach to the number of people you can help at one time," she admits, "As the environment began to change, I looked inward and realized that there were so many more people out there that could benefit from my 20 years of resume reworking. So, I put the pen to paper and wrote a book."

*Ten Easy Steps to a Perfect Resume* is a must-have resource for anyone entering the employment race, those already searching for work and every career-minded individual determined to keep their resumes up-to-date.

You can find this book along with Carolyn's other titles on her organization's website, [www.CM-CS.com](http://www.CM-CS.com), and at [www.Amazon.com](http://www.Amazon.com). Thompson can also be found lending her experience, advice and stories on her new blog, [www.JobSearchJungle.com](http://www.JobSearchJungle.com).

Carolyn Thompson is available for interview.

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